

25 THINGS TO DO INSTEAD OF SHOPPING

1. Cook your favourite Meal
2. Try a new recipe
3. Bake your favourite cake
4. Rediscover an old hobby
5. Write a letter / story / poem
6. Take a nice bubble bath
7. Try a new hair style
8. Spent some time with your friends / family / pet
9. Go for a nice walk
10. Visit a museum or an art gallery
11. Discover new places in your town
12. Go to the cinema
13. Try to improve at something
14. Create new outfits with pieces you already own
15. Read a book
16. Watch a new show on Netflix
(or rewatch your favourite one)
17. Have a picnic
18. Plan a vacation
19. Listen to some good music & dance
20. Go swimming
21. Work out
22. Have a pamper session
23. Declutter your flat / room
24. Have a good conversation
25. Sell some pieces you never wear
